

Friday, 25th May, 2018



# St Bernadette's Roman Catholic Primary School

*Live the Gospel and when necessary use words*



## Y6 Trip to Cullercoats

## Bernadette's Blog

Our week got off to a busy start on Monday.

Our Year 6 pupils and staff all headed to the coast to enjoy a day filled with water sports.

The sun shone brightly as they had a go at paddle boarding and kayaking.

The day could not have been better and lots of fun was had by everyone.

The trip was a well deserved reward for all the hard work and effort the

children have put in over the past few months preparing for last week's SATs.



# Water Sports KS1 Style

This morning, our KS1 children are having a brilliant time at their very own "Water Games"

This was especially fun for our Year 2 children, who have been busy with their own SAT tests this month.

There are buckets of water, sponges, super-soakers and lots and lots of laughter.

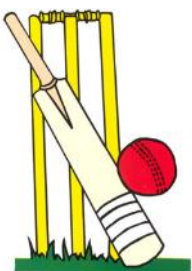


# Cricket Coaching

It was the turn of Year 4, 5 and 6 children to experience Cricket Coaching on Tuesday morning, when James from the Northumbria Cricket Board, returned to school. Skills and drills aplenty took place. A great time was had by all.



The children thoroughly enjoyed their morning of cricket.



# First Holy Communion Day

Tomorrow, Saturday, 26th May is our First Holy Communion Day.

Our Year 4 children have been busy preparing with Fr John and their families to celebrate this special moment in their lives.

St. Aidan's celebration Mass will be at 10am .

**Mass will be at 1pm at St. Bernadette's.**

We would love KS2 children to come along and sing with Mrs Milner and Mrs Rudd up in the choir loft!

Any former pupils who would like to come along are always welcome!

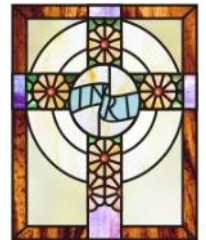
Please keep

Lewis B, Alex, Jesca, Sienna, Dominic, Jasmine, Lewis S,  
Lilly-Grace, Joshua, Natan, Ava, Luke, Rachel, Jamie, Ewan,  
Alyssa, Lily D, Kodi, Lola, Lily P, Dylan, Grace, Eloise and Daniel  
in your prayers.



## Family Liturgy Dates for your Diary

Year 4 Family Liturgy	Wednesday, 13th June at 9.10am
Reception Classes Family Liturgy	Thursday, 14th June at 9.10am
Year 3/4 Family Liturgy	Wednesday, 20th June at 9.10am
Year 1 Family Liturgy	Thursday, 21st June at 9.10am
Year 6 Leavers Family Liturgy	Wednesday, 27th June at 9.10am
Year 1/2 Family Liturgy	Thursday, 28th June at 9.10am
Year 2 Family Liturgy	Thursday, 5th July at 9.10am



Parents, grandparents and carers are welcome to join their child for these services in the school hall.

Each will be a time of prayer, song and reflection, planned by the children themselves.

Tea and coffee will be served afterwards.

# Sports Week 4th-8th June



The week beginning 4<sup>th</sup> June is sports week at St. Bernadette's.  
(This is the first week back after the half term holiday.)

**The children can come in sports kit every day.**

There will be aerobics on the KS1 yard at 9am every morning  
parents are more than welcome to stay and join in.

**Tuesday- KS1 Sports Afternoon 2:15pm**

KS1 will need to wear a white t-shirt, blue/black shorts and  
trainers.

**Wednesday- KS2 Sports Afternoon 2:15pm**

Please remember KS2 will need a t-shirt/top in the colour of  
their team, if possible. You will have received a parent mail  
informing you which team your child is in and what colour they  
wear.

**Thursday- Year 6 will be setting up and leading the Unicef  
Playground Obstacle Challenge for every class to take part in.**

**Friday - Early Years Sports Day**

Mrs McGuigan's class and Morning Nursery 9.30am

Miss Kincaid's class and Afternoon Nursery 2:15pm



## Girls' Football

Yesterday, Kate, Rebecca, Annie, Holly, Kate, Ava, Emily  
and Hannah played their first matches for  
St. Bernadette's in the North Tyneside U11 Girls' League.  
They won one game and lost the second. A good start!

# Our Stewardship Challenge

Our Year 5 children have been busy preparing for a special version of "Dragons' Den" The children had to plan, make, cost and pitch a product which helped avoid plastic pollution in our environment. They had some very creative solutions to this increasing problem. They did a fantastic job presenting their products to our Year 3 panel.





# Dot's New Dinner Menus

## menu

### WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Pork meatballs in a tomato & sweet pepper sauce served with penne pasta	Savoury minced beef & onion pie served with creamed potatoes	Sweet chilli chicken served in a wrap	Roast turkey and Yorkshire pudding served with roast potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Quorn sausages served with baby potatoes	Homemade macaroni cheese	Cheese and tomato pizza served with oven baked potato wedges	Vegetable Chow Mein	Lentil & sweet potato curry served with brown rice
DAILY	All served with seasonal vegetables and a selection of homemade salads from the salad bar				
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Raspberry muffin served with fruit juice	St Clements cake served with custard	Fruity crunch slice served with chilled milk	Fruit jelly served with peaches & vanilla ice cream	Melting chocolate & pear sponge served with custard
DAILY	Fresh fruit salad and yoghurt is available daily				

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

North Tyneside Council **fresh food matters** www.northtyneside.gov.uk

## menu

### WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Oven baked pork sausages served with creamed potatoes	Salmon and broccoli pasta bake	Minced beef Bolognese pasta	Roast beef and Yorkshire pudding served with roast potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Mexican style bean wrap	Cheese and tomato pizza served with oven potato baked wedges	Vegetable burger in a bun served with oven baked potato wedges	Vegetable fingers served with roast potatoes	Quorn vegetable chilli served with brown rice
DAILY	All served with seasonal vegetables and a selection of homemade salads from the salad bar				
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Pineapple and coconut sponge served with custard	Homemade chocolate fudge brownie served with pears & custard	Dutch apple crumble served with vanilla ice cream	Creamy rice pudding served with mandarin oranges	Oaty crunch biscuit served with chilled milk
DAILY	Fresh fruit salad and yoghurt is available daily				

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

North Tyneside Council **fresh food matters** www.northtyneside.gov.uk

## menu

### WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Beef burger in a bun served with oven baked potato wedges	Homemade minced beef & herby dumpling served with creamed sweet potato	Homemade chicken curry served with brown rice	Roast pork loin and Yorkshire pudding served with baby new potatoes	Battered fish served with chipped potatoes
MEAT FREE CHOICE	Penne pasta served with homemade tomato sauce	Cheese and tomato pizza served with oven baked potato wedges	Quorn Shepherd's pie	Cheese & onion lattice served with oven baked potato wedges	Cauliflower falafel burger served with chipped potatoes
DAILY	All served with seasonal vegetables and a selection of homemade salads from the salad bar				
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Steamed peach & syrup sponge served with custard	Golden coconut cookie served with chilled milk	Very berry sponge served with custard	Frozen yoghurt dessert served with homemade shortbread biscuit	Chocolate & banana muffin served with fruit juice
DAILY	Fresh fruit salad and yoghurt is available daily				

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

North Tyneside Council **fresh food matters** www.northtyneside.gov.uk

Here is a copy of the new menus for next half term.

We hope they will help you to plan out your school meal choices for the coming weeks.

These menus are always on display on the noticeboard outside the kitchen door, by the green gates.

## Sorry! Cancelled.

Summer Half Term Holiday Fun Club!

The holiday club is available on the following dates:

Miss Cowling & Mr O' Donnell invite you to their fun packed fantastic **Easter Holiday Club!**

Venue: St. Bernadette's R.C Primary School  
Rising Sun Cottages, Walland NE28 9JW

Tuesday the 29<sup>th</sup> of May  
Wednesday the 30<sup>th</sup> of May  
Thursday the 31<sup>st</sup> of May

**CANCELLED**

Ages 5-12  
Many different fun activities including Arts and Crafts, Games, Talent Contest, Archery, Dodgeball, Tchoukball, Football, Fencing and more.

To enrol a child please visit:  
[premier-education.com](http://premier-education.com)

Please ensure that your child brings a packed lunch, plenty of non-fizzy drinks, and suitable clothing and footwear.

Please use the schools postcode to find the club - Thank you

# Important Messages from the School Office

Parents and Carers **MUST BOOK A PLACE ONLINE FOR BREAKFAST CLUB.**

The booking page does not close until 8pm on Friday evenings for the next week.

Numbers are growing and places are limited. Don't miss out!

Please remember children requiring breakfast must be in by 8.15am please.

Please do not come onto the staff carpark to drop your child.



Miss Coates has been really organised and has put all the Breakfast Club booking forms on the school website until the end of the school year.

Now that the sun is starting to shine-at long last, can we ask parents please ensure their children bring water bottles into school each day. We have some available to purchase in the office for £1. Can you also make sure the children are covered in sun cream for the day ahead.

Many thanks!



## Lost Property!

Yet again, we have an enormous mountain of lost property!

It will be outside the front door of school from 2.30pm this afternoon.

*Please, please* come and see what belongs to your child.

After 3.30pm please just take anything that you could use!

You needn't go shopping for any new uniform at all.

Recycling this perfectly usable uniform etc is all good for our Stewardship Value!



## Mr Thomas' C2C Ride

Thank you to everyone who has brought in their sponsor money for Mr Thomas. We would really like to get it all in by the **end of today**, so that we can go ahead and purchase the AED. Please pop into the school office or put your money in an envelope. (If you know what number sheet you were on that would be great too!)

Many thanks.





# What's On?

Come to our  
**BOOK FAIR**

FREE ACTIVITY BOOK

TRAVELLING BOOKS CELTIC TRAVELLING BOOKS

← parkrun Vitality PARTNER NHS70

Please join us for a special parkrun to celebrate the 70th birthday of the NHS

Saturday 9th June 2018  
walk, jog, run or volunteer

Find your local event at:  
[www.parkrun.org.uk/events](http://www.parkrun.org.uk/events)

JUN 9 Rising Sun 2nd & NHS 70th Birthday  
Rising Sun parkrun, Wallsend

## The Travelling Book Fair will be in school Monday, 11th June-Friday, 15th June.

north east autism society

**Rising Sun SCRAMBLE**

10 OBSTACLES OVER A 5K DISTANCE

SUNDAY 15TH JULY 2018 AT RISING SUN COUNTRY PARK

UNDER 15s GO FREE!  
min age to take part is 6 years

£25 per person  
9.00 AM til 3 PM  
(depending on your wave)

FOR MORE DETAILS VISIT: [www.ne-as.org.uk/rising-sun-scramble](http://www.ne-as.org.uk/rising-sun-scramble)  
Call: 0191 4109974 / Email: [fundraising@ne-as.org.uk](mailto:fundraising@ne-as.org.uk)

north east autism society

Dear parent / guardian,  
The North East Autism Society, the region's leading autism service and support provider, has been in touch to tell us about a new family-friendly fun run taking place on our doorstep and to offer families from our school discounted registration fees.

**Rise and shine...it's early bird discount time!**  
Our NEW fun-filled 5k family obstacle course – the Rising Sun Scramble – takes place on Sunday, 15th July, at Rising Sun Country Park, North Tyneside.

Not only do KIDS GO FREE but we also have RELAXED waves making this the only challenge event in the North-east to be autism friendly!

And if you register before May 31<sup>st</sup> you will also receive 25% off the usual price.

For anyone wishing to take part in a RELAXED wave, once you have registered, we will provide:

- a site map and social story (including pics of the obstacles)
- your event t-shirt in advance by post
- a fast track registration to avoid queues

Throughout the course you will be challenged to conquer 10 different obstacles from climbing walls to waterslides before reaching that finish line!

Registration is £25 for adults with a pledge to raise a minimum sponsorship of £40 to help our work with children, young people and adults with autism. Children aged 15 and under go FREE (limit to 2 children per adult), with the minimum age to enter being 6 years old.

Book before May 31<sup>st</sup> using code SCHOOL25 to claim your 25% discount.

You can find more information on our website at [www.ne-as.org.uk/event/rising-sun-scramble](http://www.ne-as.org.uk/event/rising-sun-scramble) or if you have any other queries please contact the Fundraising Team on 0191 410 9974 or send us an email [fundraising@ne-as.org.uk](mailto:fundraising@ne-as.org.uk)

Head Office: Unit 15 Lumley Court, Drum Industrial Estate, Chester-le-Street, DH2 1AN  
T: 0191 410 9974 | E: [info@ne-as.org.uk](mailto:info@ne-as.org.uk) | W: [www.ne-as.org.uk](http://www.ne-as.org.uk)  
Registered charity no. 1028260

INVESTORS IN PEOPLE | Gold | disability confident EMPLOYER | HA | EFQM | a

# Sports and Achievements

It wasn't only a Magic Rugby at St. James' Park this weekend. Our own Wallsend Rugby Team boys had a fantastic time. Tommy, Grant, Ethan, Charlie, Tom and Euan have trophies, medals and certificates galore! Congratulations, lads!!



We love to hear all about your achievements! If you want to be on this page, take a photo and please send it to: [stbernadettes.primary@northtyneside.gov.uk](mailto:stbernadettes.primary@northtyneside.gov.uk)

Evan was one of the many hundreds of good folks who turned out to take part in the 2018 Children's Cancer Run. He took the 3 mile course around Gosforth Park with ease. Well done, Evan!



Alfie was named "Most Improved Player" for his football team. What an honour! We are really proud of your effort and attitude, Alfie!



Liv, Megan and Holly, hip-hopped their way to success in their dance competition at the weekend. Liv gained a 1st and 5th place, Holly a 3rd and Megan a 4th in their individual competitions. Congratulations, girls!



Huge congratulations to Harry. He is officially signed to the Sunderland Academy of Football. A hope for the future of this proud North East team. Good luck, Harry!



Here is Isla with her Ducklings 2 Award certificate and badge for swimming. Congratulations, Isla!

Ollie and Harrison also completed the Cancer Run. Fantastic! Well done, lads!

# More Sports and Achievements

Sophie received her ballet certificate in the weekend for her entry level award for primary in dance. She worked so hard for this and is so proud of her certificate and medal. Rightly so, Sophie!



Here is Charlie with his medal that he received at the Wallsend RFC End of Season Rugby presentation and sister Ruby with her Medal, for being a brilliant supporter throughout the season and she can't wait to play next season. Brill!



Double celebration for Ewan! He got the outstanding player of the year from pinpoint Sunday League football presentation and he has his new black belt Tae Kwon Do dobok (suit)! Fantastic!!

## Discover Fitness

It was good to see the turnout for our Parents' Boot Camp initiative on Wednesday.  
It's not too late to join in!



An Exciting EXCLUSIVE opportunity for Parents/Carers/ Friends at  
St Bernadette's primary School.

6 week weight loss, fitness and wellbeing programme starting Tuesday 5th June at a reduced rate of £59. Sessions are twice weekly on a Tuesday and Friday 9am to 9.45am and are held in the school hall.

Our Staff have recently enjoyed fitness sessions with Stephen Pape (Personal Trainer) of DISCOVER FITNESS. Stephen is a Level 3 Advanced Personal Trainer and has had experience in the fitness industry for 8 years. He is passionate about providing inclusive fitness sessions to meet the needs of all.

This opportunity is strictly limited to 20 individuals on a first come first served basis.

Children welcome.

To find out more or to sign up for the programme please contact Stephen on 07984894059.

Payments / deposits can be made on the phone securely through paypal.



Mass: Sunday 11.30am  
 Fr John McElhone— 0191 2623820  
[www.wallsend-aidettes.co.uk](http://www.wallsend-aidettes.co.uk)



# Star of the Week

## Dates for your Diary

26th May First Holy Communion Celebration  
 1pm for St. Bernadette's Church. Singers welcome!!

28th May-1st June Half term holiday. School Closed.

4th June-8th June SPORTS WEEK!  
 See full details earlier on!

13th June Y4 Family Liturgy 9.15am

14th June Reception Classes Family Liturgy 9.15am

For more dates check out our website at

[www.st-bernadettesprimary.co.uk](http://www.st-bernadettesprimary.co.uk)

Nursery am	Lara
Nursery pm	Kim
Reception (DM)	Isla
Reception (SK)	Charlie B
Year 1	Charlie
Year 1/2	Charlie R
Year 2	Jamie
Year 3	Ben
Year 3/4	James
Year 4	Jesca
Year 5	Ruby
Year 5/6	Scarlett
Year 6	Annie

# Holy Toast returns after the holidays

## Mission Value

Our value for this term is  
 Stewardship-caring for  
 God's Creation



Try to leave the Earth a better place than  
 when you arrived.  
*Sidney Sheldon*

Attendance of the  
 week

Year 4

98.7%

Congratulations!