

Friday, 20th April, 2018



St Bernadette's Roman Catholic Primary School

Live the Gospel and when necessary use words



Cricket Fun

Bernadette's Blog

Year 1, 2 and 3 enjoy Cricket Coaching

Our Summer Term got off to a busy start with Cricket Coaching for our Year 1, 2 and 3 children on Tuesday morning. James from Northumberland Cricket Board came and put the children through their paces with batting and fielding skills for this great summer game.



Eva's Pilgrimage to Lourdes

We were delighted to hear all about Eva's very special Easter visit to Lourdes. Eva went as part of the HCPT 36 Group. She had the very important job of carrying all our prayers with her from our Prayer Stations in Holy Week. These she offered up at the Grotto for us. It is lovely to see familiar faces of former pupils and staff.



Today, we shall begin our "Holy Toast" once again to hopefully sponsor another child on next year's pilgrimage.



PIC•COLLAGE

Our new value: Stewardship- caring for God's Creation

On Monday, Mrs Milner will be launching our new Value Statement for this term.

As this Sunday is Earth day, we thought we would share with you some information which every one of us should take very seriously.

Earth Day 2018: End Plastic Pollution

What Is Earth Day?

Earth Day is held annually on April 22nd, having first been celebrated in 1970. More than 190 countries hold events which are about the need to protect the environment and prevent further damage to the Earth.

In 2018, the theme for Earth Day is 'End Plastic Pollution'. This year's theme explores how important it is to end plastic pollution across the world.

What Is Plastic Pollution?

The biggest problem with unwanted plastic is the **pollution** and damage it causes to the environment. Because plastic is cheap and easy to make, humans buy and use a lot of it. They then throw this away. But, plastic is strong and **durable** because it was made to last. So when it is thrown away, it takes hundreds of years to **decompose**. It breaks into tiny pieces, which then get blown around by the wind and the rain. Lots of the plastic ends up in our streams, rivers and the ocean.

The amount of plastic on the planet is increasing more and more rapidly, meaning it is threatening our planet through poisoning and injuring **marine** life, littering beaches and landscapes, clogging **landfills** and making humans (and other animals) ill.

Earth Day 2018 will try to change human attitude and behaviour towards plastics by providing the information and ideas needed.



Did You Know...?

- There are 6.3 billion tonnes of plastic waste on Earth.
- 80% of the **debris** floating in the oceans is plastic.
- 267 species of animal around the world are harmed by plastic (either through swallowing or becoming tangled in plastic).



What Can You Do to 'End Plastic Pollution'?

The Three Rs: First Reduce, Then Reuse, Then Recycle

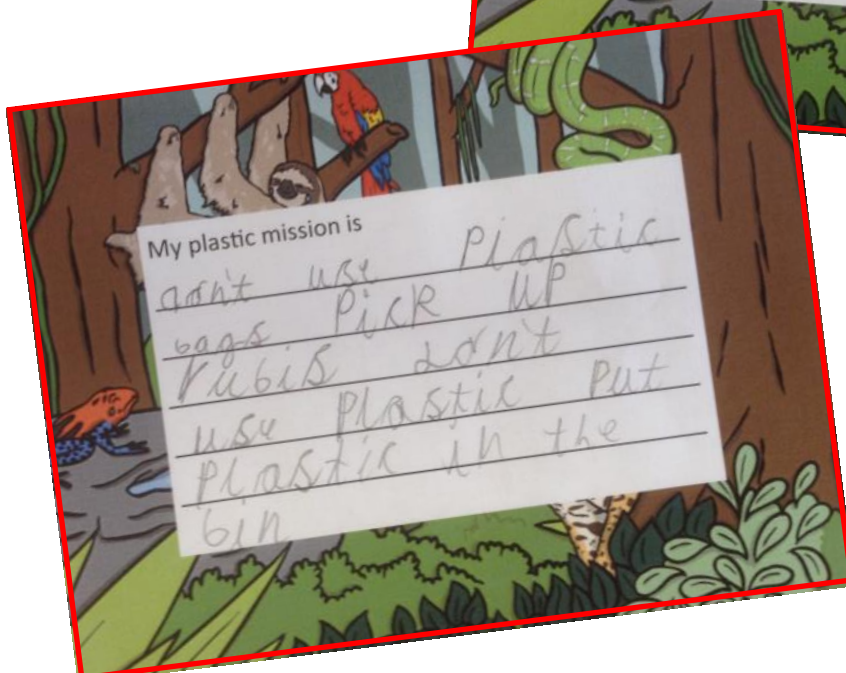
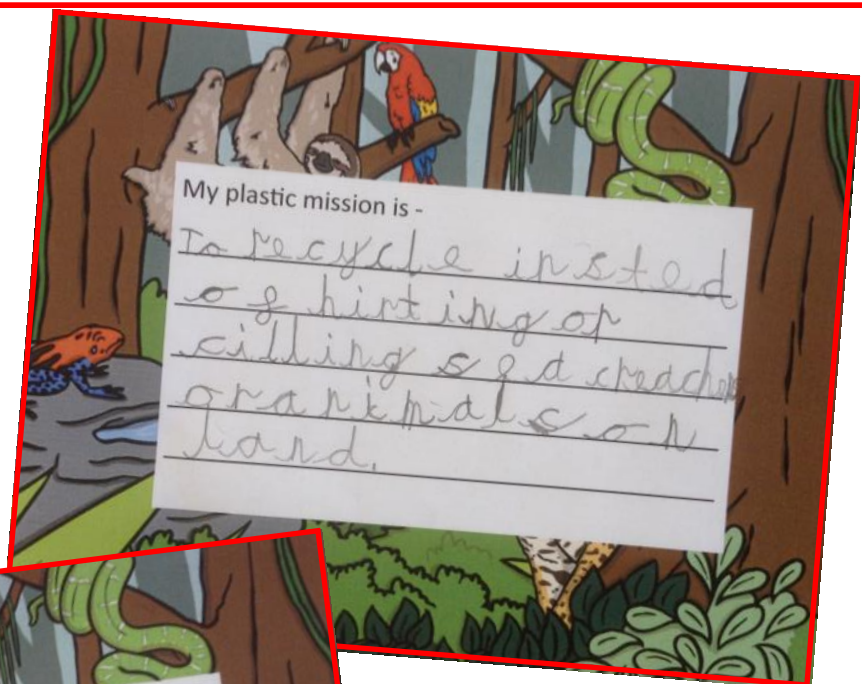
There are lots of things we can all do to help end plastic pollution. We need to remember the three Rs but it is important to first try to 'reduce' our use of plastics, then 'reuse' where possible. The last resort is to 'recycle' as this still has a negative impact on the environment.



- **Reduce:** Avoid single-use plastics, such as and straws takeaway cups, instead choosing to use alternatives, such as bamboo. You can't do this alone, so it is important to talk to your family, head teacher or school council about how your school and family can reduce their plastic use.
- **Reuse:** If you have plastic items, ensure that you use them multiple times. For example, instead of buying new ones, refill and reuse water bottles and lunch bags. Also avoid using single-use plastic bags for shopping, using strong, long-lasting fabric bags instead.
- **Recycle:** Check for the recycling symbol before you buy plastic and make sure that you always recycle plastic when you can, instead of **disposing** of it with the normal rubbish.



Key Stage 1 have already made a start on helping our planet! We have been writing our own promises for Earth Day!



Our New Space

Mrs Swanson has been extra busy this week. She has been putting together our new Time Out/Reflection Room. She has done a really great job and we know that any of our pupils, who sometimes feel out of sorts and have difficulty coping with school life, will find this a very calm and safe zone to be in.



Girls Active



We were delighted to have a visit from Mrs Plummer from the St. Thomas More PE Department and some of her pupils, this week. It is always lovely to see former pupils coming back-so grown up. Of course, Mrs Plummer herself is a former pupil too.

They came as part of the Youth Sports Trust Girls Active Initiative and met with Lexie, Bella and Sadie who are our St. Bernadette's ambassadors for the group.

The STM girls will be helping to run the Multi Sport After School Club for KS 2 girls.

Exciting plans were made and we look forward to the weeks ahead.

Clubs were advertised on Thursday!

They are already booking up fast.



Good Luck Mr Thomas!



North East Hearts with Goals Sponsored Event

Gordon Thomas, St. Bernadette's School Caretaker is taking part in the Coast to Coast Cycle in May 2018.

This is a route of 140 miles from Whitehaven to Tynemouth.

Mr Thomas is doing this for a very special cause!

He is raising funds for us to purchase a defibrillator (AED) for our school.

This is a piece of life saving equipment which we would love to have on our premises and which could be made available to our neighbours.

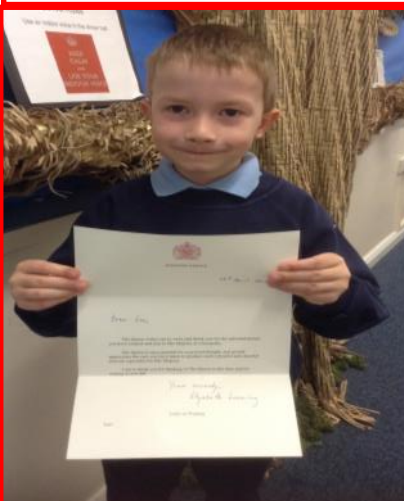
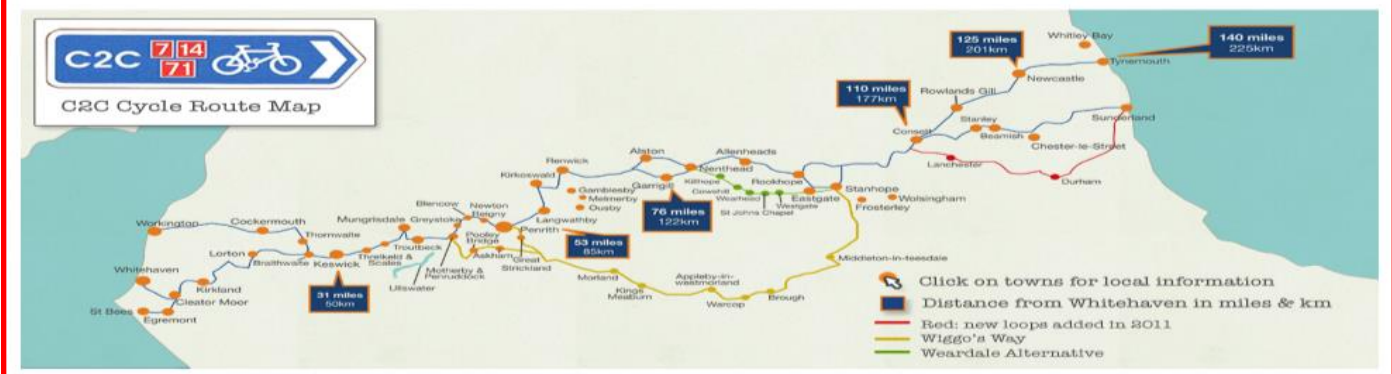
We really hope that our whole school community can get behind Mr Thomas.

So, if you would like to sponsor him- there are forms available in the office.

Perhaps, you have a company which would like to support this incredible effort. If so, please phone us on 200 7363!

We are very proud of you, Mr Thomas and will be keeping track of you all the way!

ONLY TWO WEEKS LEFT TO TRAIN, MR THOMAS!!!



Special delivery for Leo!

Leo had a very exciting delivery, this week.

He had a letter from HRH Queen Elizabeth II!

Leo had sent her a picture that he had drawn especially for her and in return she wrote him a beautiful letter of thanks.

That's something to really treasure, Leo.



What's On?

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INCORPORATING NEMAA 5K CHAMPIONSHIPS

THE 7TH ANNUAL TERRY O'GARA MEMORIAL 5K AND FUN RUN

SUNDAY 22ND APRIL - 10:30AM START FOR ADULTS
10:00AM KIDS RACE

CHIP TIMED
FAST, FLAT, COURSE

WEST ALLOTMENT COUNTY PARK, THE SILVERLINK NORTH, NE27 0BY

PRIZES: 1ST - £75, 2ND - £50, 3RD - £25 (MEN & WOMEN).
V40M, V50M, V60M, V70M & V35W V45W, V55W, V65W - ALL £10.

UKA REGISTERED RUNNER: £12, NON UKA REGISTERED RUNNER: £14

ENTER HERE: WWW.RESULTSBASE.NET/EVENT/4141

ON THE DAY ENTRY: £16, INCLUDES CHIP TIMING AND
COMMEMORATIVE T-SHIRT FOR ALL FINISHERS.

KID'S FUN RUN: £3, INCLUDES GOODY BAG FOR ALL FINISHERS.

RUN UNDER UKA RULES
UKA 2010-34797

SPUD & LITTLE SHIREMOOR INWITCHAM BAMBURA SHULRAN HART HALL LTD

runbritain.com

WALLSEND HARRIERS

www.wallsendharriers.org

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T.A.G.B. TAE KWON-DO ESTABLISHED 1983

THINKING ABOUT DOING SOMETHING NEW
FUN & REWARDING
JOIN US, FREE TRAINING AVAILABLE

4-10 year olds martial arts class
Saturday 8:30-9:30am
Benfield School, NE6 4NU

First lesson is free with this leaflet

www.newcastle-tkd.co.uk

Book a place 07723607521
or
mapfrc@aol.com

Older??? see the website for other classes

Quality TaeKwon-Do
CRB Police Checked, Fully Qualified Black Belt Instructors

We are stumped! Can you help us please?

As you may know, one of our areas of focus this term in PE is
Cricket.

The children in Y1-3 loved their coaching day on Tuesday and are
eager to put their new skills into action.

But we have a big problem... We have no stumps!

Do you have a set of stumps that are no longer needed hiding in
your garage or playroom?

If so, please could you donate them to school?

We'd be very grateful! Howzat!



Important Messages from the School Office

Change of Email Address



Staff are having a change of email address. If you send me photographs at christine.mcconville@ntlp.org.uk directly for the sports page, it will no longer reach me.

Instead please send to stbernadettes.primary@northtyneside.gov.uk

Parents and Carers **MUST BOOK A PLACE ONLINE FOR BREAKFAST CLUB.**

The booking page does not close until 8pm on Friday evenings for the next week.

Numbers are growing and places are limited. Don't miss out!

Please remember children requiring breakfast must be in by 8.15am please.

Please do not come onto the staff carpark to drop your child.



Miss Coates has been really organised and has put all the Breakfast Club booking forms on the school website until the end of the school year.

Now that the sun is starting to shine-at long last, can we ask parents please ensure their children bring water bottles into school each day. We have some available to purchase in the office for £1. Can you also make sure the children are covered in sun cream for the day ahead.

Many thanks!



Year 4 Residential Trip to Berwick



Can we please remind any parents who have not yet returned their child's information forms regarding the above trip, that they need to do so very soon. It is really important that we have all the details in advance to ensure the trip goes smoothly. Many thanks!

Year 3 Swimming Lessons begin next week

Just a reminder that Miss Smith's Class will be swimming every day next week. Voluntary contributions of £1 per session towards transport costs can be handed in to the class teacher or the office.

Don't forget your swimming gear and towel!



Sports and Achievements

Congratulations to Lily and Scarlett!

They both passed their Polar Club Level 1 Ice Skating badges during the holidays. We are very proud of you both!



Here is Sophie with the badge and certificate that she was awarded for passing her Stage 3 Swimming Award recently.

What a little star!



We love to hear all about your achievements! If you want to be on this page, take a photo and please send it to: stbernadettes.primary@northtyneside.gov.uk



Lakeisha too had success at swimming.

Here she is with the badge and certificate she gained for passing her Stage 2.

She is already busy working towards her Stage 3!



Matthew received the Chief Scout's Bronze Award on Saturday.

A proud moment for the whole family.



Ilyana competed in her first weight lifting competition during the Easter Holidays. Not only did she win Gold but she also had a new PB of lifting 52.5 kilo's on Deadlift! Fantastic!!!



Niamh is starting to break the 10 year old club and national records in 50m ,100m & 200m butterfly + 100m, 200m & 400m free-style + 100m & 200m breaststroke. Brilliant!



Charlotte has raised over £350 for The Little Princess Trust by donating her beautiful hair to the Charity, to be made into wigs for children who need them. What a great achievement! We love your new look!!



Jack and his Wallsend Boys' Club team won the Pro-Direct Tournament during the Easter holidays. Here he is with the trophy! Well done!

More Sports and Achievements

Ewan is in the same Wallsend Boys' Club team that won the Pro-Direct Tournament. He was also named Man of the match for the tournament. Well done! Good luck with your grading today, Ewan!



Some of our KS2 girls are travelling to Skegness later on today, to take part in a Girls' Football Tournament. Best of luck girls-we know you will do yourselves and us, proud!



Mass: Sunday 11.30am
 Fr John McElhone— 0191 2623820
www.wallsend-aidettes.co.uk



Star of the Week

Dates for your Diary

23rd-27th April Year 3 Swimming Lessons

23rd April Good Shepherd Mass

14th May-18th May 2018 Year 6 SATs Week

For more dates check out our website at

www.st-bernadettesprimary.co.uk

Nursery am	Dylan
Nursery pm	Ahsan
Reception (DM)	Harry
Reception (SK)	Ava H
Year 1	Leah
Year 1/2	May
Year 2	Ava M
Year 3	Alfie Q
Year 3/4	Lucas P
Year 4	Lucas R
Year 5	Ellie A
Year 5/6	Benjamin
Year 6	George

Holy
 Toast
 Winner



Mission Value

Our value for this term is
 Stewardship-caring for
 God's Creation



"The earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations." John Paul II

Attendance of the week

Year 1 100%

Nursery pm

100% (so far!)

Congratulations!