



St Bernadette's Roman Catholic Primary School

*Live the Gospel and when necessary use words*



# Bernadette's Blog

## Lenten Prayer Stations Open To Community



You are invited!



Our Year 5/6 Lenten Prayer Stations will be available, in the school hall, for parents, grandparents, carers & members of the parish community to visit on

**Wednesday afternoons from 2.45pm-3.15pm**

for the next three weeks.

**18th and 25th March and 1st April.**

We hope you can join us for a few quiet moments of reflection.

# Bye bye Mrs McCann!

Last Friday, we said a sad farewell to Mrs McCann who has worked as a teaching assistant in our KS1 with us for the last twelve and a half years. Both the children and the staff shall miss her patience, dedication and friendly smile enormously!

But we know that she will be a great addition to the RVI team where she is moving to work.

We wish you the very best for the future!



## Rae Avenue

Can we remind parents and carers that they must not drive along Rae Avenue. This is a designated play street and is only to be accessed by residents.

The residents have complained to the police of cars coming through the street before and after school hours. The police are planning to do spot checks and will be issuing fines to anyone caught using Rae Avenue. You have been warned!!

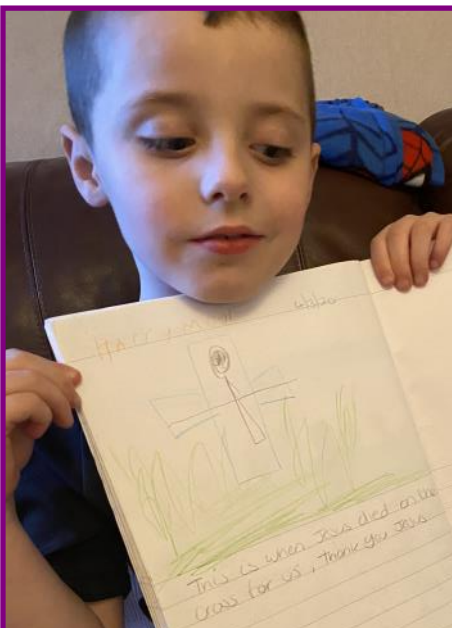


## Plea!

### Can you help?

Do you have any girls tights aged 3-4 years  
aged 5-6 years  
that you no longer need?  
Mrs McGuigan would love to have them in Nursery.  
Thank you!

## Journey with Jesus



Harry really enjoyed sharing the Journey with Jesus Bag at home with his family. He wrote a lovely prayer to go in his class's book. Love the picture too, Harry!

Roma too, worked really hard on her contribution to the Class Prayer Book.

Congratulations to both of you!



If you want to share your Journey with Jesus with us, take a photo and please send it to: [office@st-bernadettesprimary.co.uk](mailto:office@st-bernadettesprimary.co.uk)

# Let's try to stay healthy!

We wanted to share with you the advice which has been issued by North Tyneside Council. All the children have been learning the importance of hand hygiene to protect themselves from germs. You may want to help them continue to get into good habits at home too!

## Wash your Hands!



Washing your hands is one of the easiest and most effective ways to protect yourself and others from illness. During Winter, illnesses such as colds can be worsened or triggered by the weather and Norovirus is more common, so it is important to be vigilant with good hand hygiene.

Here is a quick guide to washing your hands the right way

**WET** your hands with cold/warm water first, then add enough soap to cover hands

**LATHER** your hands with the soap by rubbing them together

**SCRUB** all parts of your hand - in between fingers, thumbs, backs of hands, tips of fingers and fingernails and wrists

**RINSE** your hands and wrists with clean water

**DRY** hands using a clean towel/air dry them



Washing your hands should take around 20 seconds – the same time it takes to sing Happy Birthday twice!

It's especially important to wash your hands after using the toilet, blowing your nose, sneezing or coughing, touching animals/pets or cleaning their cages, before and after handling raw foods or treating wounds, before eating and when they look or feel dirty.

Hand sanitizer should be used when you don't have access to soap and water, but remember that this won't kill all germs, particularly those from Norovirus.

For more information about good hand hygiene please visit <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>



## Don't forget!

Holy Toast  
MONDAYS 20p



# PTA News

On Wednesday, you should have received your Easter Raffle tickets and invitation to Bunny Bingo. If your child has not given them to you, please check their pockets, bags and folders.

## PTA Family Easter Bunny Bingo

Back by popular demand

Come and join in our Easter Bunny Bingo on  
**Wednesday 1st April at St. Bernadette's School Hall**  
Doors opening at 5.40pm to start promptly at 6pm

Tea, coffee and juice available along with sandwiches and cakes.

During the interval, an Easter Egg Hunt will be held  
For all the children to have some fun.

For those who book tickets before the deadline of March 20th  
a free raffle ticket will be given to you to enter into the  
Free prize draw to win a large Easter surprise.  
There will be no raffle tickets available to buy on the night  
So this will be an exclusive raffle for those pre-booking.

**Books are available at £3 for 5 games.**

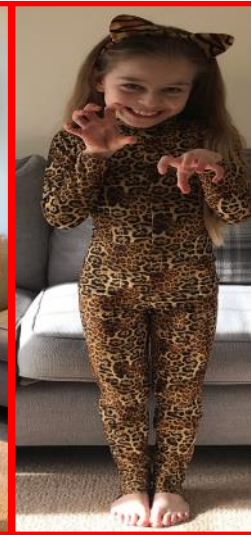
Prizes for line and full house.

All the family is welcome and great fun was had by all last year.  
(Please ensure children are kept with the responsible adult whilst the bingo is being played.  
This ensures the bingo can be heard by all.)

To pre-book complete the form brought home on Wednesday.



# Sports and Achievements



Jessica loved taking part in The Nutcracker performance at Whitley Bay Playhouse over half term, this included performing, acro, lyrical, jazz & ballet. We are so very proud of you, Jessica! Brilliant!! Well done!

On Sunday James ran in the North Shields Poly B team at the 4th. Annual Birtley Relays and his team finished 3rd. overall in the under 11s race!!



Here he is with his medal:-it's magnificent! Well done!



In the same event, Kora ran the last leg at Birtley relays. The team came 5th overall. Great club spirit on a windy but sunny day. Congratulations, Kora!



Ethan, Jack and Rauri all passed their first ever Kickboxing grading on Saturday! They were fantastic and are now all Red belts!



Livia competed in Sheffield at the weekend with her cheerleading team and they came 2nd. Well done, Livia!



Cameron plays football for Benfield's Under 6s. Here he is with the medal from his tournament. Well done,

Sophia is delighted with two rosettes for dancing. Love the sash too! Congratulations, Sophia!



# More Achievements!



Maggie came first in three events at her dancing competition this weekend. Congratulations, Maggie!



Luke was awarded this lovely medal for his achievements in the latest swimming gala at Tynemouth. Congratulations, Luke!



Layla has competed at four events in past two weeks, with four excellent performances. Starting with Skate Southern a International competition in London, 1st place with a new PB. Then Billingham Quarterly competition, 1st place with a new PB at a club event. Next was a national competition Young Stars in Sheffield another new PB and a 2nd place. Finally Whitley Bay Quarterly, another great skate earning her 1st place. Well done Layla, quite a fortnight! Amazing, Layla! Congratulations!



Hannah won a silver medal for her breast stroke event and a bronze for front crawl at her gala last weekend. Well done, Hannah!



Matthew was very pleased to be Awarded Man of the Match for his team last week. Well done, Matthew!



Jude also took part in the Tynemouth Swimming Gala. Here he is with the medal that he was awarded. Well done, Jude!



Jessica also took part in the Tynemouth Swimming Gala. Here she is with the medal that she was awarded. Well done, Jessica!



We love to hear all about your achievements! If you want to be on this page, take a photo and please send it to: [office@st-bernadettesprimary.co.uk](mailto:office@st-bernadettesprimary.co.uk)



Happy Birthday, folks!



# IMPORTANT NOTICE FOR Y6 PARENTS

This year the Year 6 SATs week will be

**Monday, 11th May - Thursday, 14th May**

Please ensure that you do not book any holidays during this period or in the weeks leading up to this very important time.

Thank you!

# Messages from the School Office

## Breakfast Club/OOSC

Parents and Carers

### MUST BOOK A PLACE ONLINE FOR BREAKFAST CLUB AND/OR OUR OOSC (Out of School Club)

Miss Coates has been busy and has put the booking forms up on the website for this half term. So you can be really organised!

The booking page does not close until 8pm on Friday evenings for the next week. Please, please book on as we have far too many late comers. As these clubs become more popular-we must know numbers as early as possible for staffing arrangements to be put in place.

Numbers are growing and places are limited. Don't miss out!

Please remember children requiring breakfast must be in by 8.15am please.



## Pupil Absence



If you do not inform us via ParentMail or the telephone absence line that your child will not be in school, you will receive a text message asking you to call the school office.

This message will not reach you if you have an incorrect mobile number attached to your parentmail account. Please check that yours is correct. Thank you.

## Free Hi-Vis Vests Available

Be prepared for those dark winter mornings and evenings!  
Free Hi-Vis vests available from school office. Just pop in!



## Don't forget!

If your child vomits or has diarrhoea, they must be kept off school for 48 hours from the last episode please.

This is a government directive to protect your children.





Mass: Sunday 11.30am  
 Fr John McElhone— 0191 2623820  
[www.wallsend-aidettes.co.uk](http://www.wallsend-aidettes.co.uk)



# Star of the Week

## Dates for your Diary

Tues 17th March Team B Football Match

Wed 18th March Team a football

Year 5 (KH) Author Event

Thursday, 26th March

Y6 @ Whitley Bay Playhouse to see St. Thomas More's production of High School Musical.

For more dates check out our website at

Nursery	Ioli Archer
Reception (AW)	Harry O'N-6
Reception (SK)	Sophia
Year 1	Cecilia
Year 1/2	Mya
Year 2	Kai
Year 3	Will P
Year 3/4	Bobby
Year 4	Frankie
Year 5	Kora
Year 5/6	Tyler
Year 6	Luke

Holy  
 Toast  
 Winner!



## Mission Value: Truth



Our scripture for this week



Attendance of the week

This will be announced at our celebration assembly.