



St Bernadette's Roman Catholic Primary School

Live the Gospel and when necessary use words



Bernadette's Blog

Our Holocaust Memorial Day Liturgy

On Monday morning, at our whole school Liturgy, Mrs Milner helped the children reflect on the dreadful events remembered during last week's Holocaust Memorial Day. Moving black and white images from the Witness Resource package and the inspiring story of Nicholas Winton, a Briton who said nothing for a half-century about his role in organizing the escape of 669 mostly Jewish children from Czechoslovakia on the eve of World War II had all the children transfixed at the courage of the human spirit.



Holocaust Memorial Day Reflections



"Brush Up" Visit Reception Class



Miss Kincaid's Reception Class had a great time on Wednesday afternoon with the "Brush Up" team. They were learning all about how to look after their teeth and the important job a dentist has.

Next week, Mrs Walker's Class will have their turn.

This is Children's Mental Health Week



www.childrensmentalhealthweek.org.uk

DEAR PARENTS AND CARERS,

3-9 FEBRUARY 2020 IS CHILDREN'S MENTAL HEALTH WEEK

The week is run by children's mental health charity **Place2Be** to focus on the importance of children and young people's mental health. This year's theme is **FIND YOUR BRAVE**.

WHAT'S IT ALL ABOUT?

Bravery comes in all shapes and sizes and is different for everyone. Bravery can be about sharing worries and asking for help, trying something new or pushing yourself outside your comfort zone. **FINDING YOUR BRAVE** can build your confidence, self-esteem and make you feel good about yourself.

Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

We all have times when we need to **FIND OUR BRAVE**.

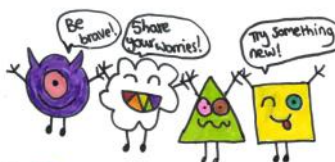
WHAT CAN YOU DO?

Here are a few simple ways you can encourage your child to **FIND THEIR BRAVE**.

1. **Remind your child that bravery comes in many forms and everyone is different.** What's brave for them might not feel brave to someone else.
2. **Chat with your child about a time when you've had to FIND YOUR BRAVE.** It might have been something big or small.
3. **Praise your child when they FIND THEIR BRAVE.** Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
4. **Point out examples of bravery in books and films** to your child and talk about how trying out different ways of being brave will help them feel good.
5. **Reassure your child that not feeling brave is OK too** and that there are times when it might be more difficult to be brave.

Find Your BRAVE

Bravery comes in all shapes and sizes. Bravery can be about sharing your worries and asking for help, trying something new and even pushing yourself out of your comfort zone.



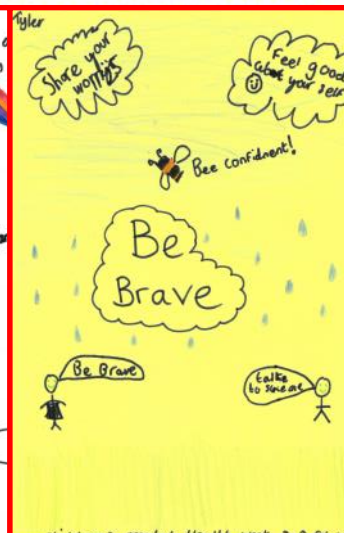
Find your brave!

Believe in yourself!

Recognize if your feelings change

Accept who you are!

Voice your thoughts!



Thanks to Yvie, Tyler and Jessica who made these lovely posters! Mrs Swanson is going to use them in her Thrive room.

Well done, everyone!!



**Today it was our turn to bake.
We made rock buns for everyone.
31.1.2020**



Happy Birthday Open the Book came last week



IMPORTANT NOTICE FOR Y6 PARENTS

This year the Year 6 SATs week will be

Monday, 11th May - Thursday, 14th May

Please ensure that you do not book any holidays during this period or in the weeks leading up to this very important time.

Thank you!



Parish Coffee Morning

Fr John and the parishioners of St. Bernadette's are holding a coffee morning in aid of Dementia Charities on

Sunday, 9th February at 12.30pm

Safety First!

Please may we ask that on these icy morning, children and parents use the pathways around the car park and MUGA. These are the only areas which are gritted. Many thanks!



Sports and Achievements



Jessica is a keen runner and loves belonging to Wallsend Harriers. She was especially delighted to be awarded this lovely medal and certificate at the weekend. Well done, Jess!



No wonder Maggie is smiling! She had a successful weekend at her cheer competition with a first place and 2 third places. What a good achievement! Congratulations!



We love to hear all about your achievements! If you want to be on this page, take a photo and please send it to: office@st-bernadettesprimary.co.uk

Isabel was awarded this magnificent trophy for her brilliant attitude and effort in Gymnastics. She has been named "Hardest Worker" for the last two months. Well done, Isabel!



Jessica performed in "Legally Blonde" at Whitley Bay Playhouse at the weekend. It was a fabulous performance. Everyone is very proud of you, Jessica!



Hannah is celebrating making her Brownie Promise for the 1st Battle Hill pack. We hope you have lots of fun with all your new friends, Hannah!



Don't forget!

Holy Toast MONDAYS 20p



Messages from the School Office

Breakfast Club/OOSC

Parents and Carers

MUST BOOK A PLACE ONLINE FOR BREAKFAST CLUB AND/OR OUR OOSC (Out of School Club)

Miss Coates has been busy and has put the booking forms up on the website for this half term. So you can be really organised!

The booking page does not close until 8pm on Friday evenings for the next week. Please, please book on as we have far too many late comers. As these clubs become more popular-we must know numbers as early as possible for staffing arrangements to be put in place.

Numbers are growing and places are limited. Don't miss out!

Please remember children requiring breakfast must be in by 8.15am please.



Pupil Absence



If you do not inform us via ParentMail or the telephone absence line that your child will not be in school, you will receive a text message asking you to call the school office.

This message will not reach you if you have an incorrect mobile number attached to your parentmail account. Please check that yours is correct. Thank you.

Free Hi-Vis Vests Available

Be prepared for those dark winter mornings and evenings!

Free Hi-Vis vests available from school office. Just pop in!



Date for your Diary

Teacher Training Day-Monday, 24th February 2020

Don't forget!

If your child vomits or has diarrhoea, they must be kept off school for 48 hours from the last episode please.

This is a government directive to protect your children.

Mass: Sunday 11.30am
 Fr John McElhone— 0191 2623820
www.wallsend-aidettes.co.uk



Star of the Week

Dates for your Diary

Tuesdays: Year 3 Pedestrian Training
 Wednesday, 12th Feb Y5 (Mrs Hall) Collective
 Worship with parents
 Monday, 24th Feb: Teacher Training Day-school
 closed

For more dates check out our website at
www.st-bernadettesprimary.co.uk

Nursery	Katie Faith
Reception (AW)	Jayk
Reception (SK)	Layla
Year 1	Imogen M
Year 1/2	Nola
Year 2	Lucia
Year 3	Ollie C
Year 3/4	Leah
Year 4	Isla T
Year 5	James S
Year 5/6	Hugo
Year 6	Alyssa

Holy
 Toast
 Winner!



Mission Value: Truth

A Prayer for Holocaust Memorial Day

Loving God, we come to you with heavy hearts, remembering the six million Jewish souls murdered during the Holocaust. In the horrors of that history, when so many groups were targeted because of their identity, and in genocides which followed, we recognise destructive prejudices that drive people apart.

Forgive us when we give space to fear, negativity and hatred of others, simply because they are different from us.

In the light of God, we see everyone as equally precious manifestations of the Divine, and can know the courage to face the darkness.

Through our prayers and actions, help us to stand together with those who are suffering, so that light may banish all darkness, love will prevail over hate and good will triumph over evil. Amen

Attendance of the week

This will be announced at our celebration assembly.