



St Bernadette's Roman Catholic Primary School

Live the Gospel and when necessary use words

Bernadette's Blog



16.9.19 This week we will be talking about germs and how to keep them at bay. We painted our hands to show where the germs would be, today we will be learning how to correctly wash our hands.

The children and I discussed when we should wash our hands, eg: after the toilet, before lunch and after we sneeze or cough.

Here are some of the things that our Reception Class have been up to this week. Personal hygiene is very important, especially as we approach the winter season of coughs and colds. Please see page 7 of this blog for some important Health notices!

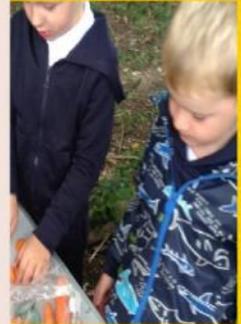
Learning Outdoors Is Fun!



9.9.19 On Monday reception went to the schools wildlife garden to do some Forest school, we cooked the vegetables we have been growing. We made carrot and courgette soup. The children helped to cut the vegetables with our special plastic knives.



We talked about how the vegetables are healthy and we also discussed fire safety when Miss Kincaid made our fire.



**PTA Meeting on Tuesday, 24th Sept. 6pm.
PLEASE COME ALONG-WE NEED YOU!**

7 Reasons to ... join our PTA

1. Your child benefits



The PTA is an important part of our school community and helps enrich your child's school experience. Our fundraising has provided extras for the school such as buses for trips, iPads, new kitchen for cooking, Early Years Water wall, author visits, Year 6 leavers trip as well as Library contributions, to name but a few.

2. To make a difference



As well as fundraising, the PTA organises events which add so much to our children's experience. In the past we have held a school disco, Christmas card making, our annual Christmas Fayre, Easter bunny bingo, Summer Fayre, team craft day and a team day, as well as many others. This creates a real sense of community for our children.

3. We have fun

Being part of our PTA is a fun and rewarding experience and we welcome new ideas to benefit our children. It is a great way you make new connections and make a difference in our vibrant school community.



4. Make friends

Many friendships develop from being part of the PTA. Volunteering your time and working towards a common goal is a rewarding experience and many long lasting friendships are formed whilst being part of the PTA.

5. Feel involved

Every parent or responsible adult is welcome to our meetings and **WE LOVE TO SEE** new members. Please consider coming along to our PTA meetings or volunteer your time at an event. It is a great way to get involved and feel part of St. Bernadette's School Family.

Welcome

6. Give a helping hand.

We realise that every parent is busy so we will welcome you whatever time you are able to give. Many hands make light work, so if more people come forward we can share the work making it fun for everyone!



7. Keep our PTA going

As parents move on from the school, there is a real danger that there will no longer be a PTA to carry on providing this valuable fundraising resource which helps provide wonderful experiences for our children. We would love to see at our meetings in the staffroom. Watch out on the blog for when they are.

Please join us on Tuesday 24th September at 6pm for our first PTA meeting of the year in the staffroom

Sports and Achievements



Congratulations to Gracie, who did her first open water swim in a lake at Ullswater. Gracie is part of the NSVL rookie life-guards and also completed her first round of beach sessions, where training takes place on the beach and in the sea at long sands (with the dolphins on some days!).
How exciting!!



Hollie went to Liverpool for a gymnastics competition. She got the gold medal on bars and came 8th overall.
Congratulations, Hollie!



Euan and Freya were both delighted with the Walltown Warrior medals that they were awarded for taking part in an obstacle course.



Congratulations to you both!



We love to hear all about your achievements! If you want to be on this page, take a photo and please send it to: office@st-bernadettesprimary.co.uk



Both Lauren and Oscar successfully completed the Summer Reading Challenge.
Congratulations to you both!



Congratulations to Isaac! He has been awarded this fantastic medal for his latest running challenge.



Howzat!!!
Ewan has been named "2019 Player of the Year" by Tynemouth Cricket Club!
Look out, Ben Stokes!!



Isabelle was delighted to be named "player of the Week" by the Whitley Bay U11 ice hockey team. That's lovely, Isabelle! (Those sweets look lovely too!)



Happy Birthday!



News from Dot

WILL YOU FIND A GOLDEN TICKET?

SPORTS HERO Funday Lunch

THURSDAY 3RD OCTOBER 2019

Prizes, fun and much more.
Don't miss out on the funday lunch menu!
www.northynteside.gov.uk/funday

Menu

PREMIER LEAGUE CHICKEN STRIPS
SERVED WITH
RUGBY UNION LATTICE FRIES
AND CHAMPION CORN ON THE COB
AND UNLIMITED
SUPERBOWL SALAD BAR

EURO FOOTBALL CUPCAKE
AND
SPORTY SQUASH

Educational Visits 2020

Following on from the success of our recent residential visits for KS2, we will continue the programme this year.

We would like to invite you to a meeting to share the purpose of the visits, itinerary, cost, etc.... on **Wednesday 25th September**. There are 3 visits planned for the year but we are going to try and deliver the information sessions in 1 evening to save parents coming back to school on numerous occasions. If the meeting times mean you need to be in two places at once, don't worry, we will make sure you get all of the information you need.

Please come to the main entrance where you will be directed.

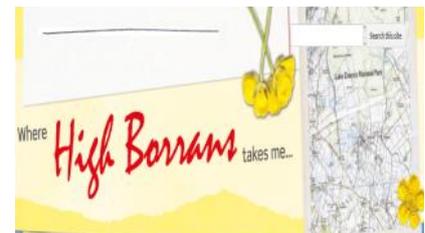
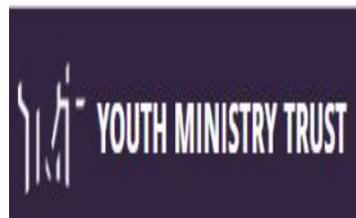
5pm: Year 5 visit to London

(Sunday 31st May - Tues 2nd June)

5:30pm: Year 4 visit to Emmaus Village, Consett

(Wednesday 10th June - Thursday 11th June)

6pm: Year 6 visit to High Borran (Friday 12th June - Monday 15th June)



Play Park Reminder

Children are not allowed on any of the school play parks before or after school, even if their parents are present.

Sorry!!

This is a Health and Safety issue. Thank you!

Parish Coffee Morning

St. Bernadette's will be holding their
MacMillan Coffee Morning on
Saturday, 28th September at 1.30pm
in the Parish Centre.

All welcome!



Important Health Advice!

Message from our local pharmacist:

There are growing concerns about untreated headlice.

We understand that treatment for headlice is expensive however Coast Road Pharmacy provides an exclusive service, whereby parents who are exempt from paying for their own prescriptions (e.g Income Support/Tax Credit Exemption/Employment Support) can receive FREE treatment for headlice.

In addition, we also provide FREE treatments for the following:

Threadworms

Diarrhoea

Chicken Pox

Fever/Coughs and Colds (Calpol)

Bites and Stings

NHS

MEASLES

Don't let your child catch it
- get them vaccinated with the MMR vaccine

- Measles is in the news again. There have been serious outbreaks in Wales and England and the number of children catching measles is rising.
- Measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill.
- Your child is at risk of measles if he or she hasn't had the MMR vaccination.
- Two doses of MMR vaccine are needed to get the best protection.
- If your child is due to have had two doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible.*
- If you can't remember if your child has had any, one or two doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP.
- If you don't know how many doses your child has had, it's better to have two doses of MMR vaccine now rather than risk leaving them unprotected.

*In response to a local outbreak then the two doses can be given one month apart from the age of 18 months.

Answers to some common questions about measles and the MMR vaccine

Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at three years and four months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with two doses one month apart.

Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to six weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the three diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles two doses of MMR vaccine you do not need to get vaccinated now.

For more information about measles and MMR go to www.nhs.uk/conditions/measles/

immunisation
the safest way to protect your child

Some common questions about measles and the MMR vaccine are listed on the back of this leaflet

NHS

Immunisation Information

Messages from the School Office

Breakfast Club/OOSC

Parents and Carers

MUST BOOK A PLACE ONLINE FOR BREAKFAST CLUB AND/OR OUR NEW OOSC (Out of School Club)

Miss Coates has been busy and has put the booking forms up on the website for the next half term. So you can be really organised!

The booking page does not close until 8pm on Friday evenings for the next week.

Numbers are growing and places are limited. Don't miss out!

Please remember children requiring breakfast must be in by 8.15am please.

Please do not come onto the staff carpark to drop your child.



Pupil Absence



If you do not inform us via ParentMail or the telephone absence line that your child will not be in school, you will receive a text message asking you to call the school office. Thank you.

Nursery Places Available

St. Bernadette's Nursery still have a couple of Nursery places for three year olds available for January 2020.

Both 15 hours and 30 hours placements are available.

If you know of anyone who might be interested please ask them to call the school office on 0191 643 3400 Thank you.

We have a new(ish!) email address for you to reach our inbox
office@st-bernadettesprimary.co.uk

We have a new phone number

0191 643 3400

Please change these in your contacts in case you need to contact us.

Don't forget!

Start the week with Holy Toast
MONDAYS 20p



Preloved Uniform

Don't forget to come along and check out the "Preloved" uniform available in the school porch-we have lots available!

Alison and the PTA have made a link with the Community School Clothing Scheme.

It is on the Cobalt Business Park. Check Facebook for opening

PLEASE NAME ALL UNIFORM ITEMS AND PE KIT



We specialise in **FREE** preloved school uniforms.

Our school department is a free service to all North East parents.

You will find, uniforms with over 150 schools logos represented.

School Rules

There are still a few children wearing earrings to school, who had their ears pierced more than six weeks ago. Please may we ask that earrings be removed for school. This is to avoid the horrible accidents which can occur whilst children are playing.

We really do appreciate the support of those parents and carers who have supported us with this issue. Thank you!

We are also delighted with the vast majority of PE kits that have been worn on PE days! The newly rolled out system seems to be working very well. Thank you!

Out of School Provision Update

Parents and Carers wishing to collect their child/ren from our new After School Club earlier than 5.30pm can walk through the green gates and ring the door bell beside the bottom doors (beside the Conference Room-next to the wishing well)

Thank you!

Free Hi-Vis Vests Available

Be prepared for those dark winter mornings and evenings!

Free Hi-Vis vests available from school office.

Just pop in!



